

Abstract

Title: Profile of a successful MMA fighter

Objectives: The main objective of this dissertation is to put together a profile of a successful MMA fighter of the prestigious organization UFC which brings together the most successful fighters of various styles from all around the world. The next objective was to determine which fighting style in today's prestigious matches is the most appropriate and efficient one to become successful.

Methods: It is a theoretical descriptive dissertation. The used method was a research compilation study from several available literary and electronic resources. It presents fight statistics and their evaluation based upon the pragmatic importance.

Results: It has been determined that the most successful style of the MMA matches in the UFC organization is wrestler and based upon the available information a profile of a successful MMA fighter has been put together.

Keywords: MMA, UFC, combat sports.